

Energy saving spotlights are also known as reflector bulbs.

Energy saving spotlights use the same compact fluorescent tube technology as the other energy saving light bulbs; however they contain reflective material in the base of the bulb. This means that they are ideal to use in fittings where directional light is required, such as a standard lamp or spotlight.

Energy Saving Light Bulbs consume on average around 80% less energy than ordinary light bulbs and last between 8 – 10 times as long. Over the years developments in the design and manufacture of Energy Saving Bulbs has resulted in them having the same brightness and same colour light as ordinary bulbs. These bulbs are now almost the same size as their ordinary counterpart and only take up to twenty seconds to reach full brightness.

There are several suppliers available on line, including the following:

Light Store, www.lightstore.co.uk

Who have a large variety of all types of energy efficient bulbs.

SimplySwitch, www.simplyswitch.com

Reflector Bulbs are manufactured by GE and has been tested and approved by the Energy Saving Trust.

The Light Bulb Company, www.thelightbulb.co.uk

BLT Direct, www.bltdirect.com